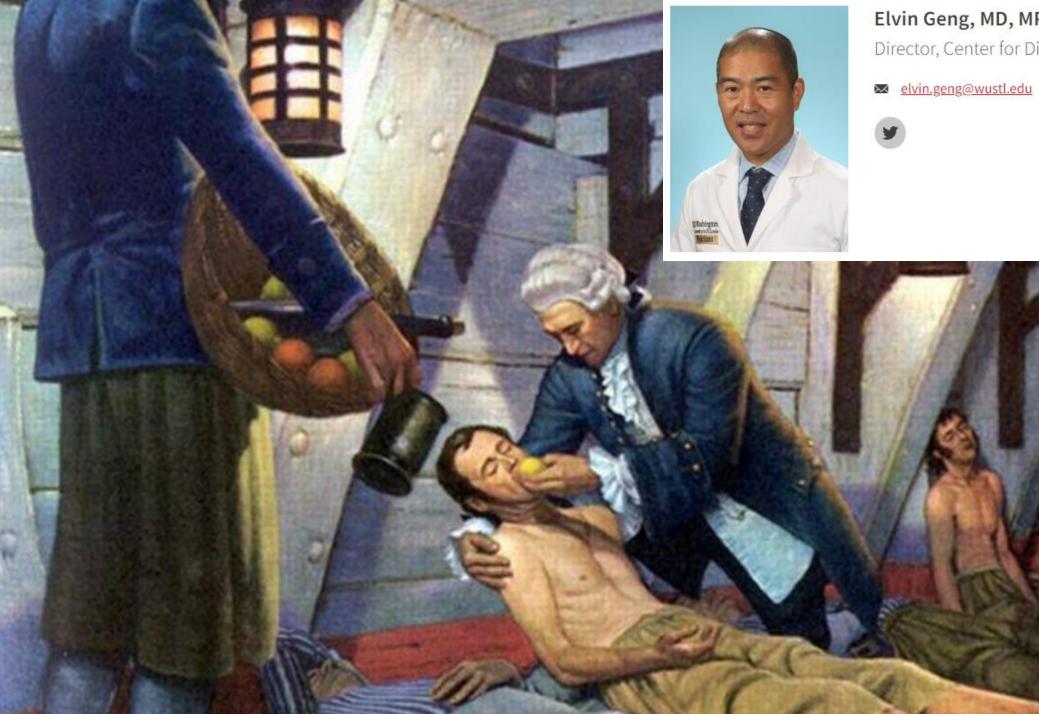


### Articulating Implementation Mechanisms to Optimize for Impact, Efficiency, and Equity

Cara C. Lewis, PhD, HSPP, Senior Investigator | @CaraCLewis Kaiser Permanente Washington Health Research Institute, USA





#### Elvin Geng, MD, MPH

Director, Center for Dissemination & Implementatio

### The "first" successful clinical trial

#### Elixir of Vitriol



Vinegar



Cider



Sea Water



Balsam of Peru

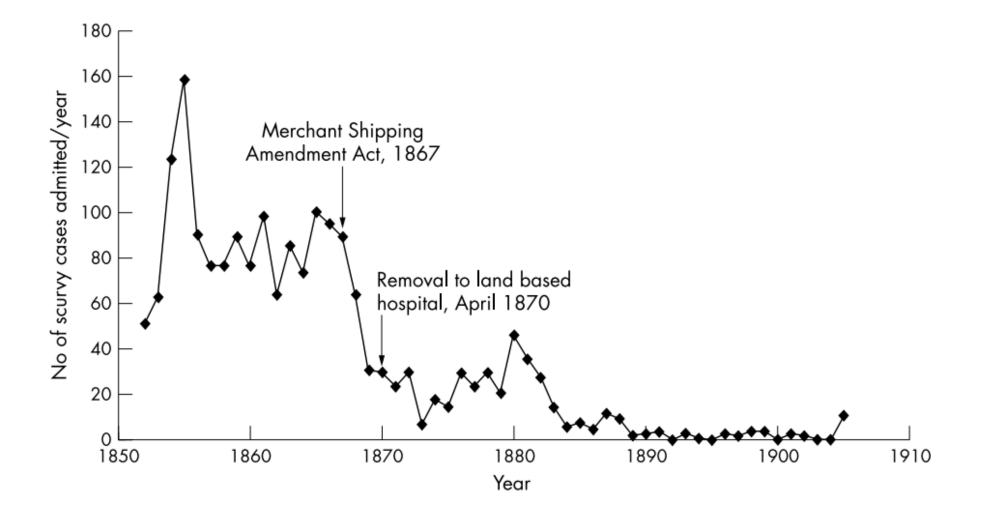


Citrus



4 | @CaraCLewis

### The know-do gap... >100 years until uptake



# TREATISE

## SCURVY.

#### IN THREE PARTS,

CONTAINING

An Inquiry into the Nature, Caufes, and Cure, of that Difeafe.

Together with

A Critical and Chronological View of what has been published on the Subject.

By JAMES LIND, M.D. Fellow of the Royal College of Phylicians in Edinburgh.

The SECOND EDITION corrected, with Additions and Improvements.

L O N D O N: Printed for A. MILLAR in the Strand. MDCCLVII;

### The case for mechanisms

- Lind himself did not know the mechanism of citrus
  - Lemon juice was boiled, deactivating Vitamin C
  - Cider also worked a little...
- This is not a story of evidence that we failed to use...

...but highlights limitations of evidence revealing *whether* and not *how* something works

# WHAT WE KNOW WHAT WE PRACTICE What Got in the Way?

2000's

#### **Implementation Science**

#### BioMed Central

**Open Access** 

#### Research article

#### Fostering implementation of health services research findings into practice: a consolidated framework for advancing implementation science

Laura J Damschroder<sup>\*1</sup>, David C Aron<sup>2</sup>, Rosalind E Keith<sup>1</sup>, Susan R Kirsh<sup>2</sup>, Jeffery A Alexander<sup>3</sup> and Julie C Lowery<sup>1</sup>

A Compilation of Strategies for Implementing Clinical Innovations in Health and Mental Health

Review

Byron J. Powell<sup>1</sup>, J. Curtis McMillen<sup>2</sup>, Enola K. Proctor<sup>1</sup>, Christopher R. Carpenter<sup>3</sup>, Richard T. Griffey<sup>3</sup>, Alicia C. Bunger<sup>4</sup>, Joseph E. Glass<sup>1</sup>, and Jennifer L. York<sup>3</sup>

Medical Care Research and Review 69(2) 123-157 © The Author(s) 2012 Reprints and permission sagepub.com/journalsPermissions.nav DOI: 10.1177/1077558711430690 http://mcr.sagepub.com (\$)SAGE

A systematic review of empirical studies examining mechanisms of implementation in health

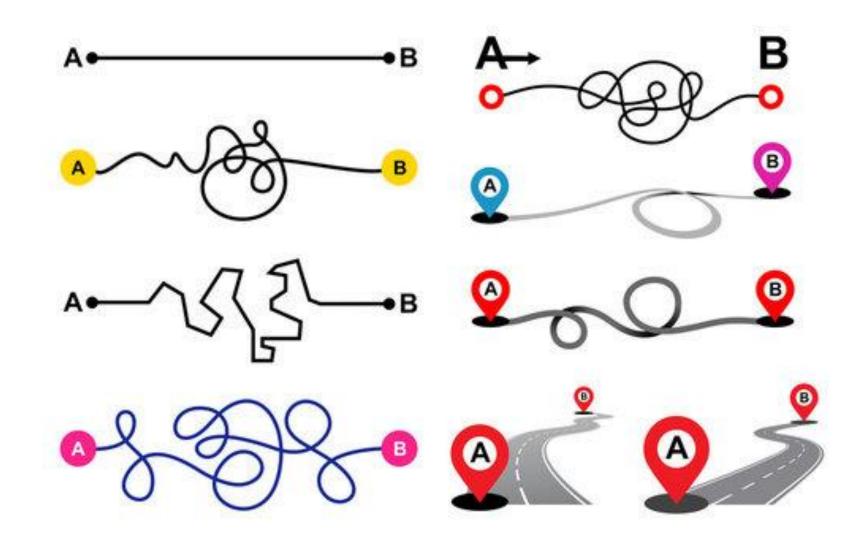
Cara C. Lewis<sup>1,2,3\*</sup>, Meredith R. Boyd<sup>4</sup>, Callie Walsh-Bailey<sup>1,5</sup>, Aaron R. Lyon<sup>3</sup>, Rinad Beidas<sup>6</sup>, Brian Mittman<sup>7</sup>, Gregory A. Aarons<sup>8</sup>, Bryan J. Weiner<sup>9</sup> and David A. Chambers<sup>10</sup>

()low do scanners ee insid Lift-the-flac Questions Answers How does Where elect u brakes Katie Daynes Illustrated by Marie-Eve Tremblay

2010's



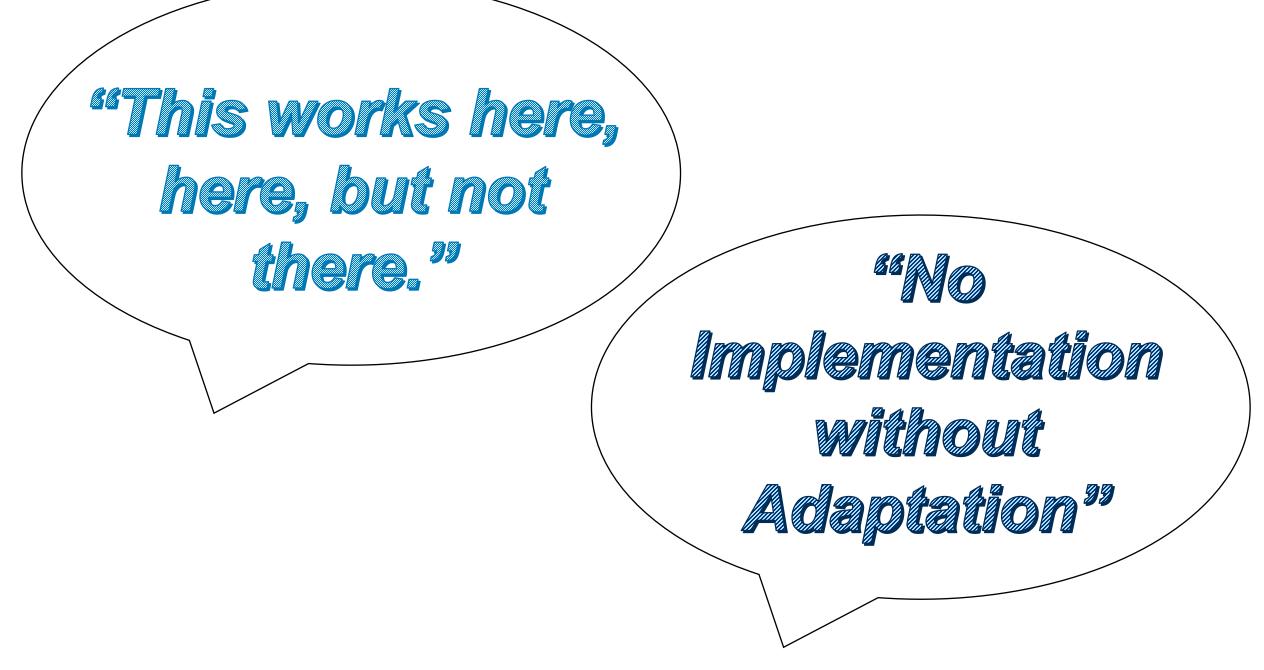
### 2020's

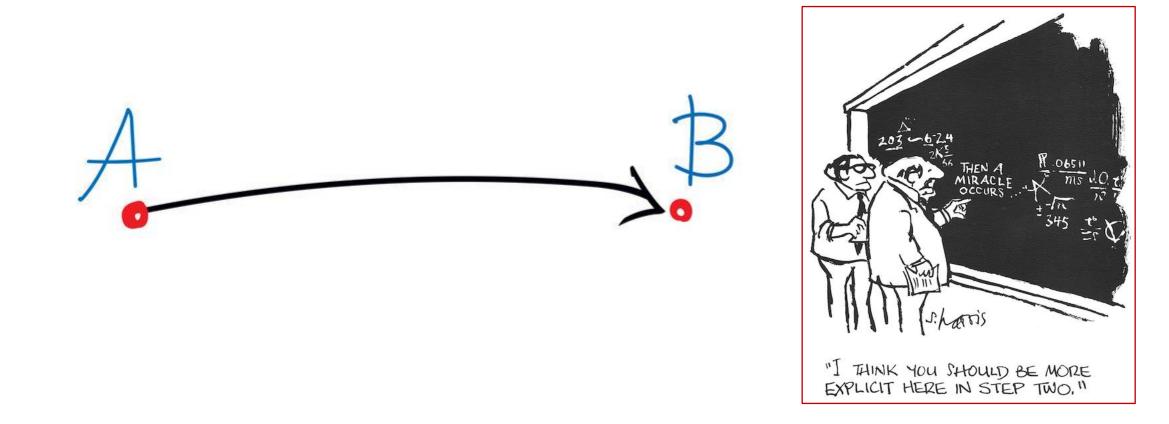




Bryan J. Weiner Cara C. Lewis Kenneth Sherr EDITORS

8 | @CaraCLewis





#### Implementation outcomes

The effects of deliberate and purposive actions to implement new treatments, practices, and services.



### Implementation outcomes

- Acceptability
- Adoption
- Appropriatenes
- Costs
- Feasibility
- Fidelity
- Penetration
- Sustainability

#### **Service outcomes**

- Efficiency
- Safety
- Effectiveness
- Equity
- Patient-centeredness
- Timeliness

#### **Client outcomes**

- Satisfaction
- Function
- Symptomatology

Proctor et al., 2011

### Implementation outcome

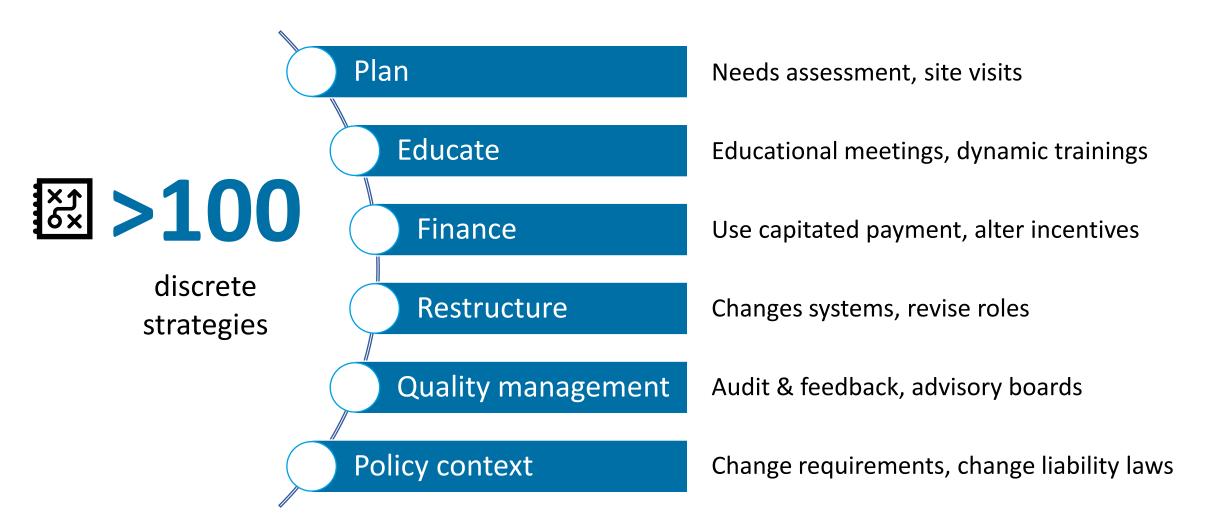


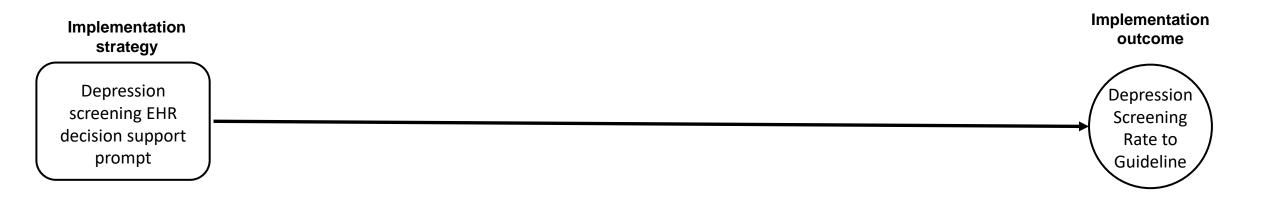
#### Implementation strategies

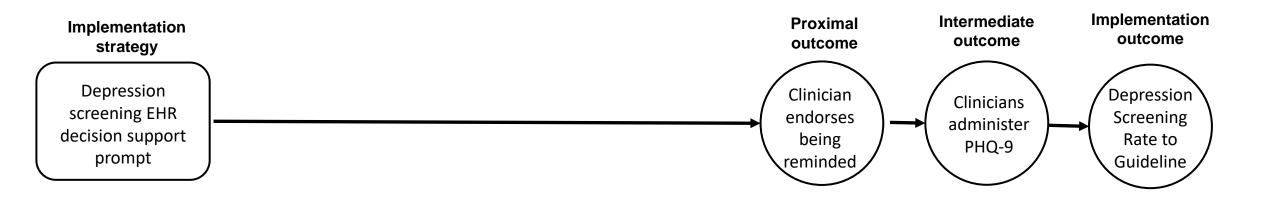


Methods or techniques used to enhance the adoption, implementation, and sustainability of clinical program or practice.





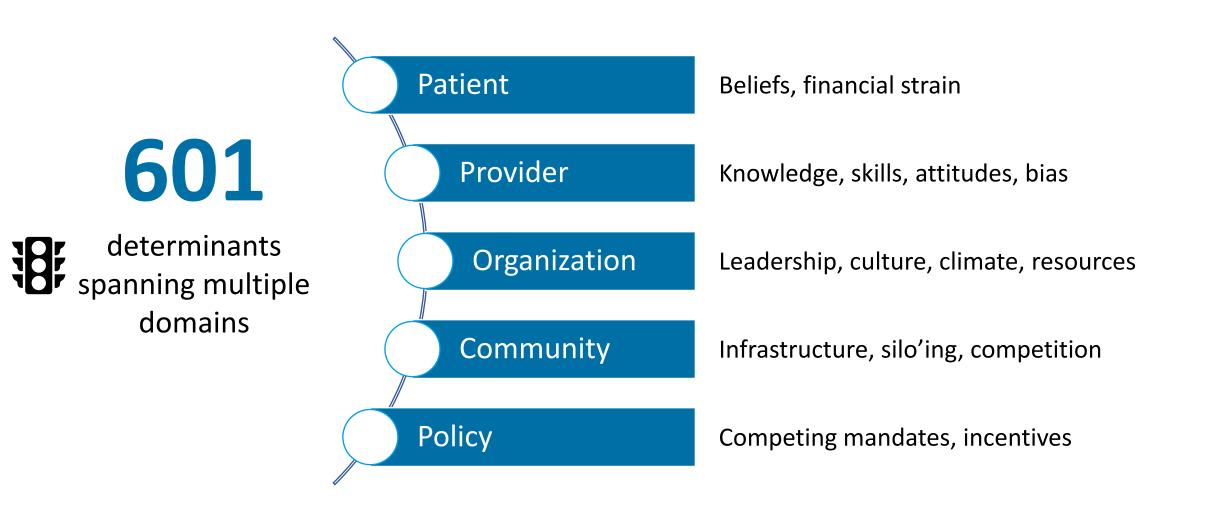


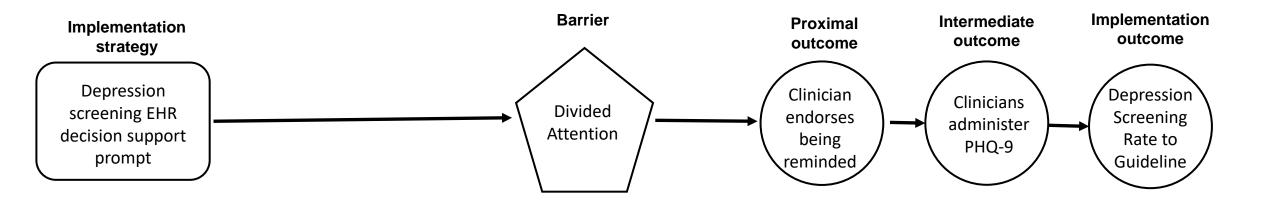


# Determinants of practice

Factors that obstruct or enable changes in targeted professional behaviors or healthcare delivery processes.







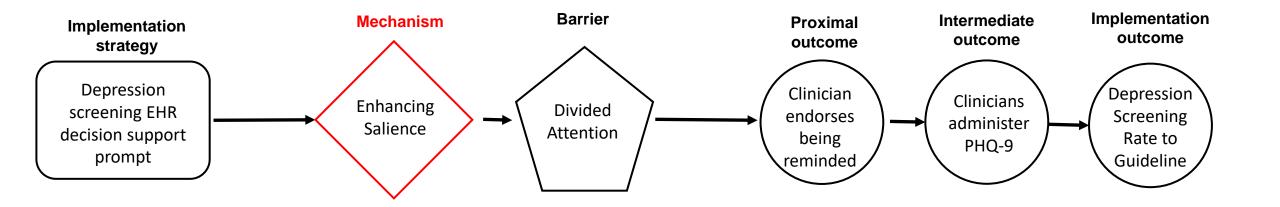
#### Mechanisms



The reasons why change occurred or how change came about.

It's a process.

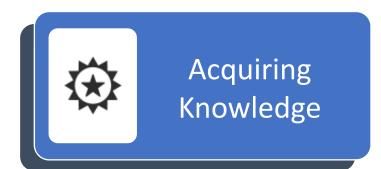




### Determinants: Knowledge, attitudes

What is a promising strategy?





Training Adoption of EBP

Determinants: organizational inertia, indifference, resistance

What is a promising strategy?





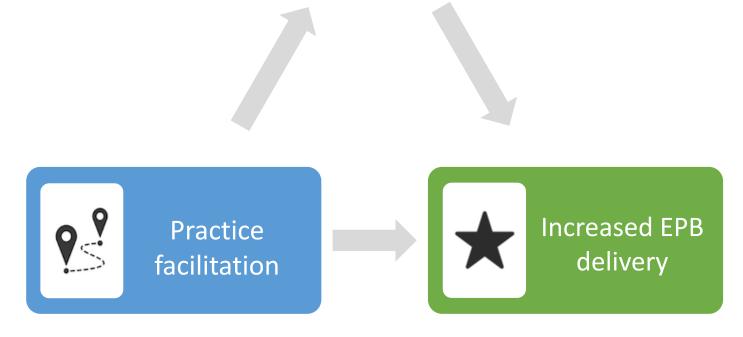
 Organization
 Championing activities

Determinants: Low practice change capability

What is a promising strategy?







#### Mechanisms: Example 4

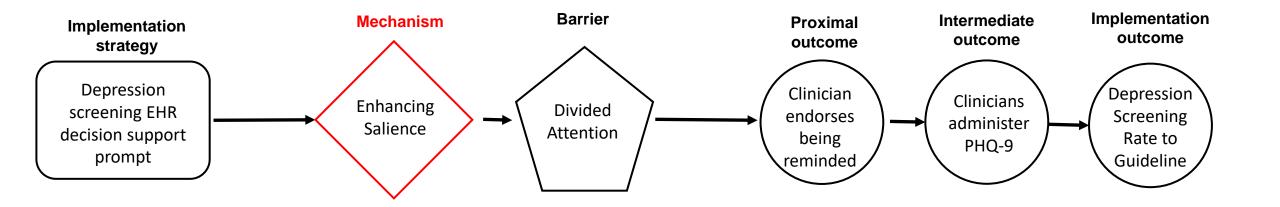
Determinants: Unknown or inaccurate perception of performance

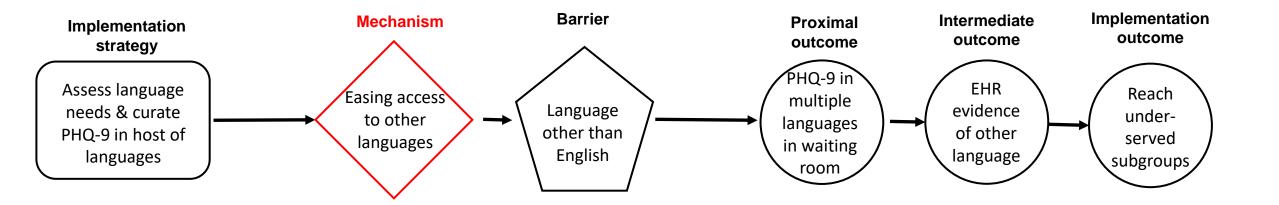
What is a promising strategy?



Highlighting performance discrepancy

Audit & feedback Guideline adherence





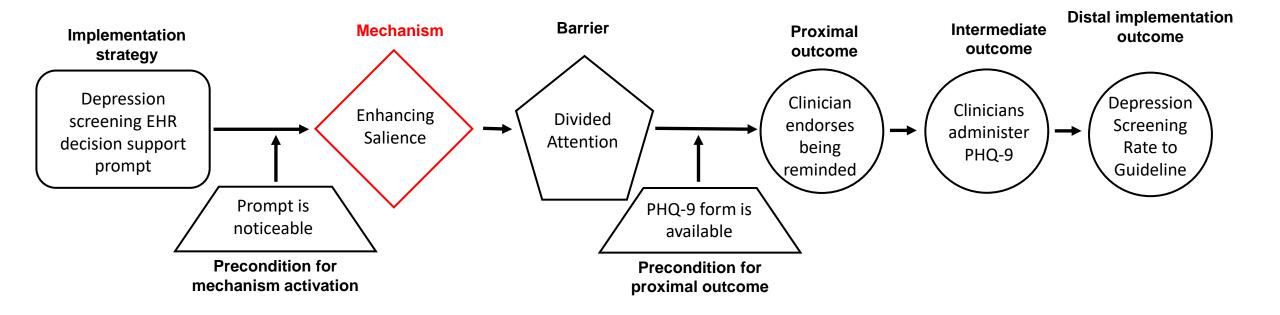
### How it all fits together

Implementation Strategy	Mechanism	Determinant	Implementation Outcome
Education (provision of information)	Awareness-building, knowledge-acquisition	Provider knowledge deficit	Feasibility, acceptability, appropriateness, adoption

# Precondition for mechanism activation

A factor that is necessary for the mechanism to be activated and subsequent causal events to occur.

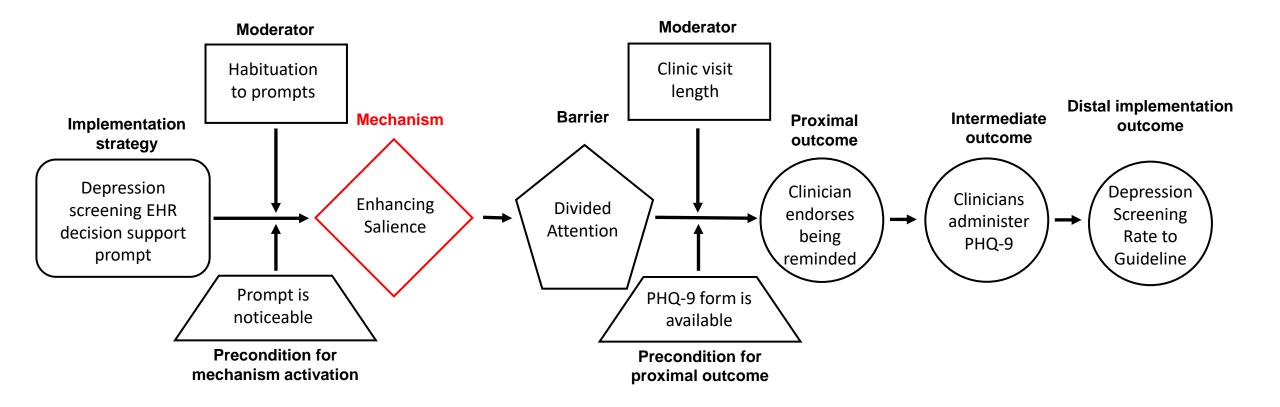




#### Moderator

A factor believed to strengthen or weaken the relationship between the strategy and mechanism.







PERSPECTIVE published: 07 May 2018 doi: 10.3389/fpubh.2018.00136



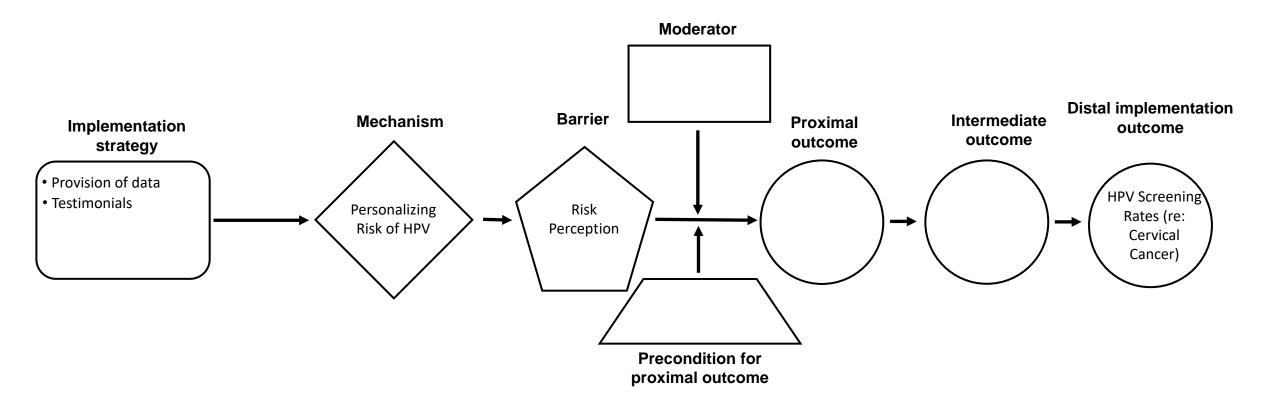
# From Classification to Causality: Advancing Understanding of Mechanisms of Change in Implementation Science

Cara C. Lewis<sup>1,2,3\*†</sup>, Predrag Klasnja<sup>1†</sup>, Byron J. Powell<sup>4</sup>, Aaron R. Lyon<sup>3</sup>, Leah Tuzzio<sup>1</sup>, Salene Jones<sup>5</sup>, Callie Walsh-Bailey<sup>1</sup> and Bryan Weiner<sup>6</sup>

Select

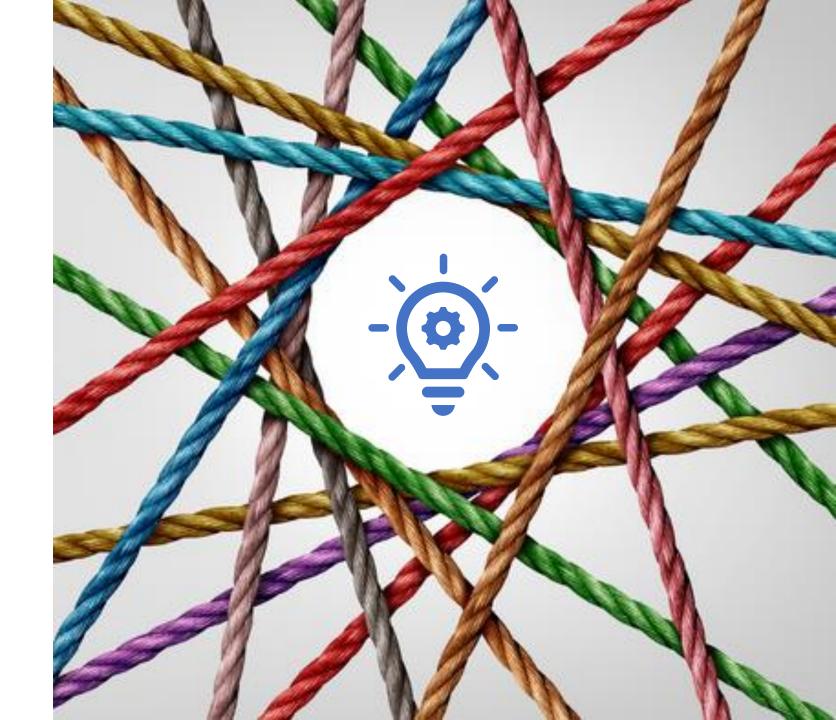


## Select

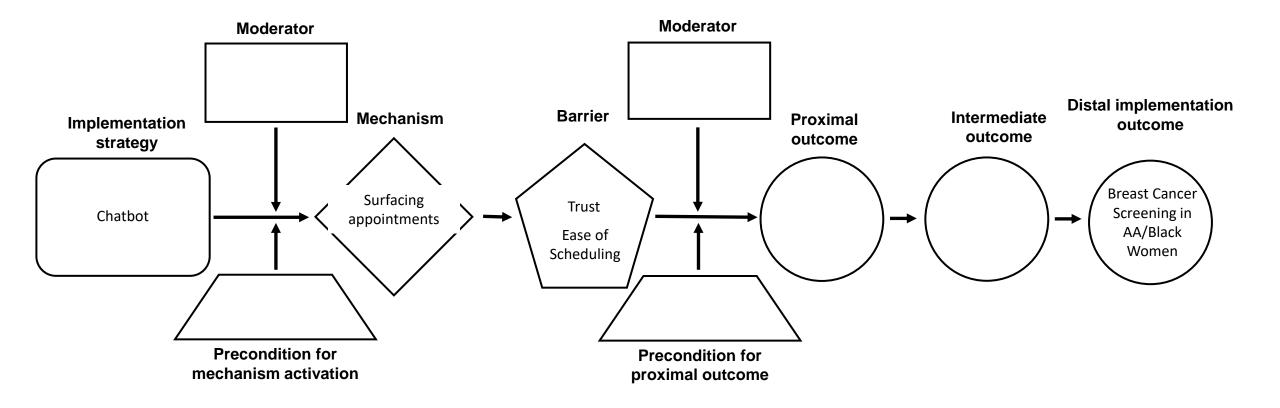


Select

Match



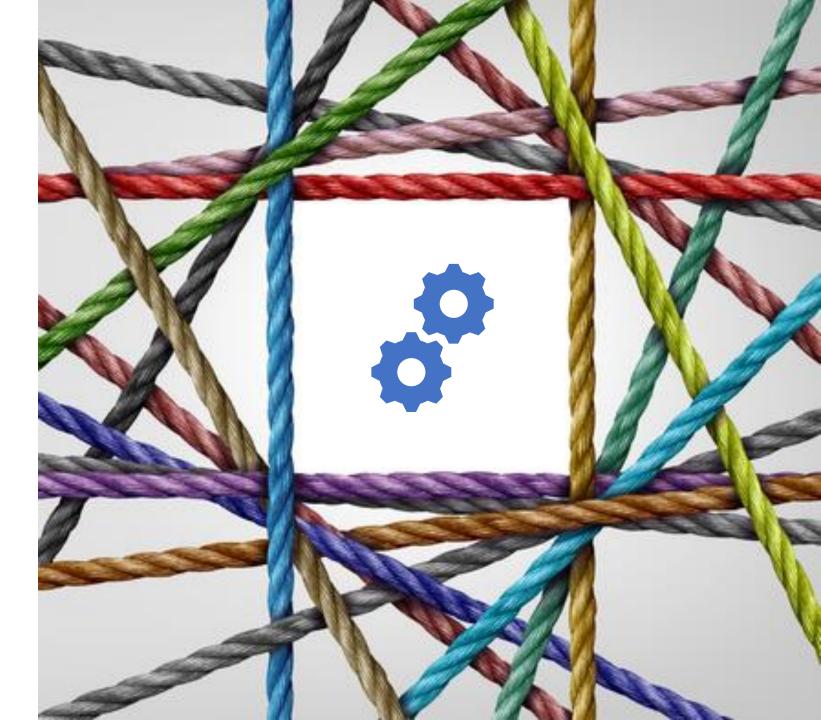
## Match



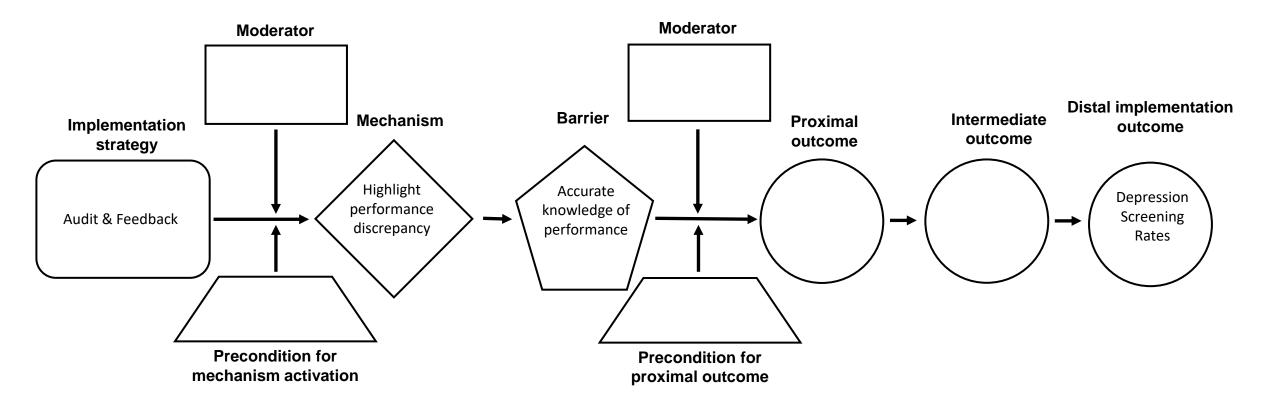
Select

Match

Tailor



Tailor



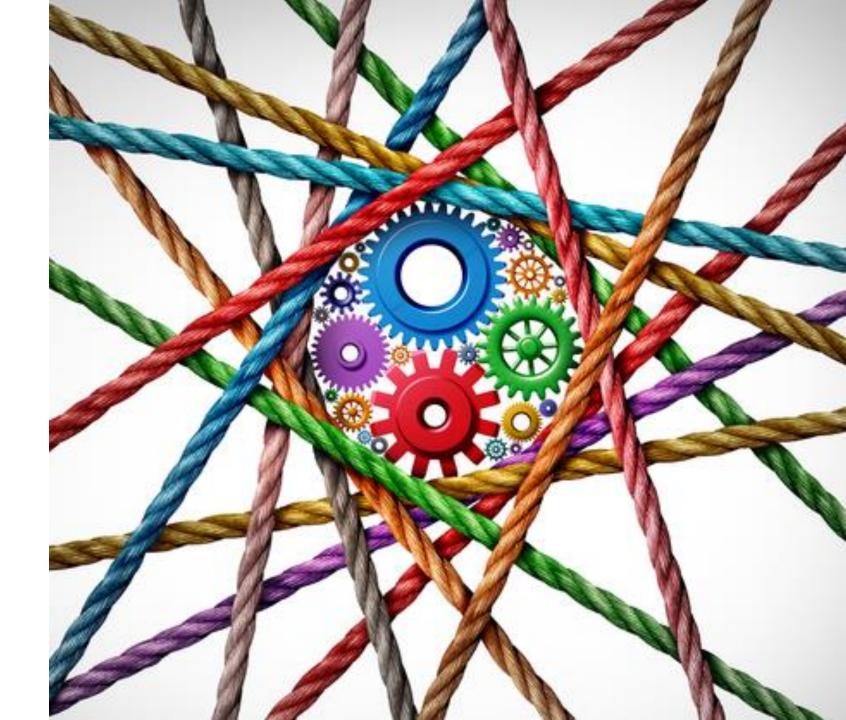
Electronic Health Record with analyst teamNo Electronic Health Record

Select

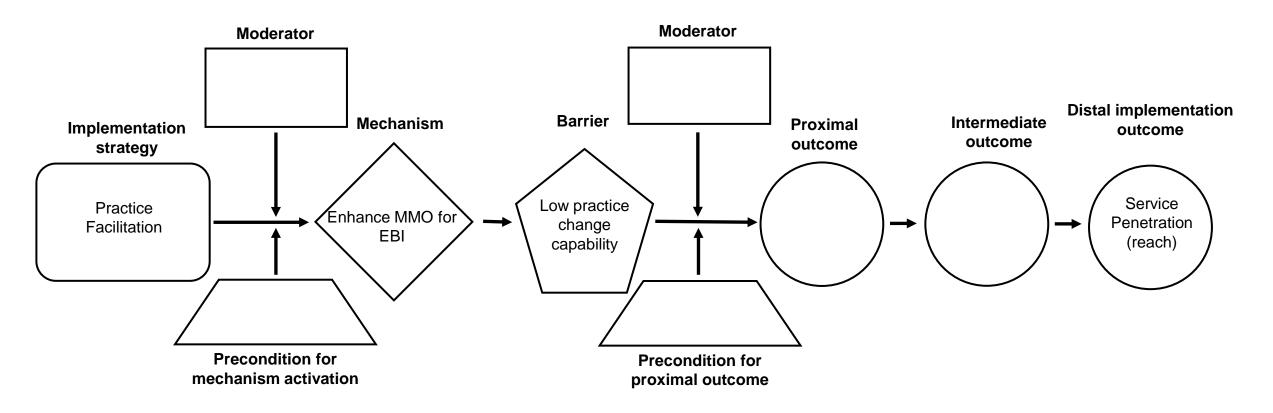
Match

Tailor

Optimize



# Optimize



 Common facilitation activities: assess performance/barriers/readiness, develop plan, redesign workflow, train in QI methods, support PDSA cycles, cultivate champions, revise professional roles (team-based care), implement HIT tools, provide interactive technical assistance



Lewis et al. Implementation Science (2020) 15:21 https://doi.org/10.1186/s13012-020-00983-3

#### Implementation Science

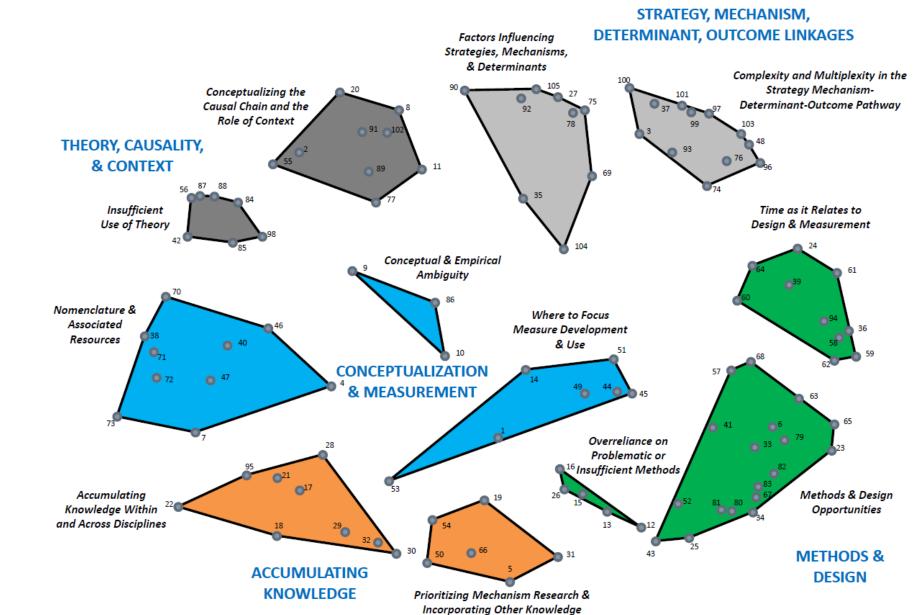
#### SYSTEMATIC REVIEW

# A systematic review of empirical studies examining mechanisms of implementation in health

Cara C. Lewis<sup>1,2,3\*</sup>, Meredith R. Boyd<sup>4</sup>, Callie Walsh-Bailey<sup>1,5</sup>, Aaron R. Lyon<sup>3</sup>, Rinad Beidas<sup>6</sup>, Brian Mittman<sup>7</sup>, Gregory A. Aarons<sup>8</sup>, Bryan J. Weiner<sup>9</sup> and David A. Chambers<sup>10</sup>



Open Access



# Results from R13 concept mapping

## **THANK YOU**

Acknowledgements

R01CA P50CA P50MH R13

