

## CA19132 - European Network to Advance Best practices & technoLOGY on medication adherenceE



### **ENABLE – THE EUROPEAN COST ACTION ON NON-ADHERENCE**

### **ONLINE CONFERENCE - SWITZERLAND**

**March 18 2022**

1.00p-5.00p CET

8.00a-12.00p Eastern time

**COST ACTION ENABLE:**



Medication adherence is an essential component of many therapeutic regimens in the management of acute and chronic conditions. Not taking medications as prescribed can take different forms: not redeeming prescriptions (i.e. non-initiation), issues with under- or overdosing, irregularity of medication taking and/or the occurrence of drug holidays (i.e. non-implementation). Patients can also discontinue treatment without advice of their clinician. Medication non-adherence is highly prevalent and precludes therapeutic effects; it has been shown to be associated with poor clinical outcomes as well as increased health care costs. Given its high prevalence, medication nonadherence is regarded as a major public health concern.

High quality evidence is available on how to tackle medication non-adherence using multi-level interventions in acute care settings, community health care settings or across settings. Many healthcare professionals and stakeholders are involved in medication adherence (e.g. physicians, pharmacists, nurses, health insurers, health policy makers). Effective medication adherence interventions not only focus on patients, yet also focus on health care workers and show how innovative care models can improve medication adherence. These interventions are increasingly supported by technology or delivered by eHealth. Yet, evidence on medication adherence enhancing approaches is often not translated in real-world settings, thus preventing patients and population benefitting from scientific knowledge. This results in significant research waste.

As part of the Cooperation in Science and Technology (COST), a European collaborative action has been launched to join forces to address medication adherence in European health care systems: **"European Network to Advance Best practices & technoLogY on medication adherence"** (ENABLE) CA19132. Switzerland is part of this COST action among 38 other European countries.

In order to connect Swiss stakeholders with an interest in medication adherence and start priority setting for moving the field of medication adherence forward in Switzerland, we warmly welcome you to this online conference. This conference is focused on providing a state-of-the-art overview on medication adherence while also providing ample opportunity for discussion and exchange. We will actively solicit input from the participants to determine which actionable goals and strategies we should fuel regarding medication adherence in Switzerland. We hope that this conference will provide the basis for a vibrant interprofessional community that will support real-world translation of effective medication adherence interventions in the Swiss health care setting.



**We look forward to welcoming you virtually to participate in a tremendously exciting phase in Swiss health care research!**

**Prof. Dr. Marie Schneider**

School of Pharmaceutical Sciences,  
University of Geneva, Switzerland

**Prof. Dr. Sabina De Geest**

Nursing Science (INS), Department Public Health,  
University of Basel, Switzerland

**COST ACTION ENABLE:**



[https://www.cost.eu/actions/CA19132/  
#tabName:overview](https://www.cost.eu/actions/CA19132/#tabName:overview)

**13.00**

## **Opening statements**

Sabina De Geest, PhD, RN  
Nursing Science (INS), Department Public Health, University of Basel

Marie Schneider, PhD, RPh  
School of Pharmaceutical Sciences, University of Geneva

**13.10**

## **KEYNOTE: Research in medication adherence: what is the place for digital technology in the real-world settings?**

Alex Dima, PhD  
Research and Development Unit from Parc Sanitari Sant Joan de Déu (PSSJD) in SantBoi de Llobregat, Barcelona, Spain

**13.50**

## **BREAK**

**14.00**

## **KEYNOTE: Medication nonadherence as a major public health issue: how to address it?**

Ira Wilson, MD  
Health Services, Policy and Practice, Brown University, US

**14.40**

## **ROUND TABLE DISCUSSION: How can Switzerland build capacity for development, implementation and evaluation of medication adherence interventions?**

Samuel ALLEMANN, PhD, University of Basel.  
Melvin (Skip) OLSON, Novartis; Fabian KASER, Innosuisse; Kabeza KALUMIYA, Patient-as-Partner project, University Hospitals, Geneva, Michel BURNIER, MD, Faculty of Biology and Medicine, Lausanne

And other stakeholders from academia, industry and national agencies

Moderation by Kate MOLESWORTH, PhD, Swiss Tropical and Public Health Institute TPH, Basel

**15.40**

## **BREAK**

**16.00**

## **Mission and vision of the COST Action CA19132 - European Network to Advance Best practices & technoLogY on medication adherence (Enable)**

Job van Boven, PhD, COST action chair  
Faculty of Medical Sciences, University of Groningen, Holland

**16.10**

## **How to develop the Swiss COST ENABLE Network: Learning from participants perspectives and priorities?**

Marie Schneider/Samuel Allémann

**16.30**

## **Conclusions**

Sabina De Geest

# General information

The event is supported by the Swiss National Science Foundation



## Registration

Registration for the online conference will be possible until **March 11, 2022**.

Registration online via the following [link](#).

## Registration fees

Academics, healthcare professionals, national agencies

**CHF 50**

Pharmaceutical industry or other for-profit organizations

**CHF 75**

Registration COST members

**for free**

Registration for Master and PhD students

**for free**

## Language

The conference will be held in English.

## Conference platform

A Zoom-link will be sent to all participants at least one week before the conference.

## Scientific committee & Conference organisation

Pharmaceutical Sciences, Faculty of Science, University of Geneva, Switzerland

Nursing Science (INS), Department Public Health, University of Basel, Switzerland

## Cancellation

In the event of cancellation, a written notification must be sent to the conference organisation. In the event of cancellation before 11.03.2022, a processing fee of CHF 20 will be charged; from 11.03.2022 onwards, a cancellation fee of CHF 50, respectively CHF 75 will be charged.

## Programme changes

The conference organization reserves the right to modify the program slightly, or cancel the conference in case of too few registrations at the end of the registration period.

## Conference organisation

Juliane Barnick, Nursing Science (INS), Department Public Health, University of Basel,

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